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www.eastgranbyrec.com



# Spring & Summer 2024 Program & Event Guide

**Please scan the QR Code above or go to EastGranbyRec.com** for more information and to register for the programs listed in this booklet. We offer a wide range of programs, activities, and events for members of our community from ages 0-99 and are adding new things all the time, so check back often! Payment plans are now available, if needed. Please call the Parks & Recreation Office to discuss options: (860) 653-7660.

## **Adult Activities**

## **Adult Painting in Watercolor**

Designed for all experience levels, guidance is provided on drawing, color theory, composition, design elements and watercolor technique.

Tuesdays, 7:00 - 9:00 pm or Wednesdays, 9:30 - 11:30 am

## **Slow Flow Vinyasa Yoga**

This class is great for those newer to yoga or those wanting to slow it down in a basic flow class.

Please see EastGranbyRec.com for the complete schedule including dates and class locations.

## Adult Drop-In Basketball

This drop-in program is for anyone over the age of eighteen. Different teams are made weekly, and the number of participants is limited to twenty. We encourage you to register in advance. Wednesdays, through May 29, 2024 7:00 - 9:00 pm | EG High School

#### Adult Tap Dance (Ages 16+)

Tap dance is an excellent workout that allows for creative expression and utilizes rhythm, syncopation, and sound in addition to movement. Tap dance sharpens reflexes and improves memory skills and coordination. The Spring Session starts 3/20.

#### **Learn to Meditate**

Learn how to reduce stress, sleep better, and practice mindfulness through meditation.

Tuesdays, 4/16-5/21 | 6:30 - 7:30 pm **EG Public Library Large Conference Room** 

### Rise & Run Club

Led by Coach Jen of TotalRunnerAthletics, this five-week freestyle program invites women of all abilities to embrace the beauty of morning runs in a supportive & inclusive

environment. Mon, Wed & Fri, 5:00 - 6:00 am Session 1: 4/15 - 5/17 | Session 2: 5/20 - 6/21

## **Mountain Biking Clinic for Adults**

This program is for all types of riders, those who are new to mountain biking or are experienced riders looking to kick bad habits. Our instructors will take you back to the basics with a progressive approach to teaching bike/body position, operation of controls, and navigating the trail. Four dates available: 5/5, 5/26, 8/11, or 9/8, 3:00 - 6:00 pm.

#### **Learn to Golf Group Lessons**

This 4-week instructional program will prepare you successfully tackle the golf course. We will cover putting, chipping, equipment, and full swing. Clubs will be provided for your use, if needed. Two sessions will take place at the driving range and two classes will be combo driving range/golf course. Mondays, 5/13 - 6/3, at Copper Hill Golf Academy

Follow us on social media:





# **Bus Trips**

## **Springtime in New York City**

Enjoy a day in the city on your own! See a Broadway Show, go shopping, explore Central Park, or visit a museum, and leave the driving to a professional Post Road Stages Coach Bus driver! Saturday, May 11, 2024 | \$68/ person

#### **Bronx Zoo**

The \$80/ person fee covers the cost of the luxury Post Road Stages Coach bus AND the Total Experience Deluxe package - zoo shuttles, Wild Asia Monorail, Bug Carousel, Children's Zoo, the New 4-D Theater, & the Congo Gorilla Forest.

Monday, August 26, 2024

## **Preschool Activities**

## **Toddler – Preschool Playgroup**

An opportunity for caregivers and their little ones to bond, learn and play together while connecting with other families. Mondays, 9:30-10:30 am
East Granby Farms Recreation Building

#### **Soccer Shots**

This high-energy program introduces children to the fundamental soccer principles, through fun games, songs, and positive reinforcement.

Wednesdays or Thursdays, May 1 - June 6

2-3 yr olds: 4:30 – 5:15 pm 3-5 yr olds: 5:15 – 6:00 pm

#### **Musical Munchkins**

Through a partnership with Infinity Music

Therapy, this engaging and inclusive music class, for children up to age three, offers families a high-quality music experience. Thursdays, 4/18 – 6/6, 9:05 – 9:50 am | East Granby Farms Rec Building

# **Youth Sports & Activities**

## **Recreational Dance Program**

Classes for ages 2+, including Tap & Ballet, Jazz, Hip-Hop, Tumbling, Musical Theater, and Acro. Registration for the **Spring Session** is now OPEN. Classes are weekly, **March 20 – May 30, 2024** 

#### NFL Flag Football

NFL Flag Football is the premier youth football program for boys and girls, ages 6 – 14. The program provides young players a fun and exciting opportunity to engage in a non-contact, continuous action sport, while learning lessons in teamwork.

Assessments are April 16, at East Granby Farms. The registration deadline is 4/14; no exceptions.

#### **Tennis Lessons**



Group lessons for beginner/ intermediate level tennis players, in grades K - 5. Using fun games and drills, the instructor will teach children basic strokes, court

awareness, footwork, and scoring. Skills and drills will be adjusted for all participants, based on their experience and skill level. **Tues/Thurs**, **5/28 – 6/13**, **Gr K - 2: 4:00 - 4:45 pm | Gr 3 - 5: 4:45 - 5:30 pm** 

## **Mountain Biking for Kids - Fundamentals!**

This program is for 8–12-year-olds and will cover the fundamental skills that all riders need to have to be safe and have fun on the trails.

**Session 1:** 4/17 & 4/24 | **Session 2:** 5/8 & 5/15 **Session 3:** 6/5 & 6/12 | **Session 4:** 8/7 & 8/14

#### Mountain Biking for Kids – Level 2



This program is designed for young riders, who are 8-12 years old, and who have completed the Kids Fundamentals Clinic and are looking to improve their

mountain bike skills and develop confidence and the ability to tackle common obstacles found on trails.

Session 1: May 26 | Session 2: June 28

## **Horseback Riding**

Looking for an opportunity for your child to learn to ride horses, or improve their current riding skills? Join End of Hunt riding instructors for these introductory lessons for youth ages 3 years - 17 years. Held at the End of Hunt Equestrian Center in Suffield. **Tuesdays**, **May 7 – 21**, **4:30 - 5:30 pm** 

#### Track Club for Middle Schoolers

This intramural sports program aims to introduce the sport of Track & Field to students who may be either new to running or who are looking to participate in High School Track & Field/ Cross Country during their High School years. Space is limited. Program runs Mon/ Wed/ Fri, 4/15 – 5/31, 2:20 - 4:00 pm. Assessments are Tues, 4/2, at EG Farms.

Visit our website for more information: www.EastGranbyRec.com

#### Youth Activities Continued...

## **Disney Animation Drawing Class**

Fun for all ages and experience levels, this unique hands-on experience teaches simple tricks and techniques to give your drawing that special Disney flair. Receive step-by-step instructions from former Disney World caster member, Zach Bakken, and illustrate your own version of a popular Disney character. Sat., 4/20 and 4/27, 11:30 am – 1 pm

# **After School Programs**

### **ART-Ventures - Allgrove School**

Superhero girls and boys soar off on a top-secret mission to save planet Earth. During these fun & resourceful art experiences, Super Art Heroes create a variety of AMAZING and original works of art using natural, recycled, & unconventional art forms and techniques. Thursdays, 4/18 - 5/23

#### **Seymour School Garden Club**

Join Alicia Cruz, Executive Director of Nourish My Soul, for an after-school gardening experience! Students will learn how to plan a garden, start seeds, prepare a garden bed, plant, and care for plants that will then be enjoyed by all students and staff at Seymour School. **Tuesdays**, **4/16 – 6/4** 

## "Stride Squad" - Seymour Running Club

This supportive and inclusive program was designed for kids in grades 3-5, by TotalRunnerAthletics. Participants will explore the fundamental principles of running, develop essential skills, and embrace the joy of being active. **Tues & Thurs, 4/16 – 5/30** 

## Bienvenido al Espanol at Seymour School

Facilitated by Westminster Spanish Teacher, Jennifer Augsberger, this \*NEW\* after-school Spanish Immersion Club will be filled with colors, animals, food & more! Each week will feature a new theme, complete with cultural snacks, crafts & activities. **Wednesdays, 4/17 – 6/5** 



# LAST BLAST OF SUMMER

FEATURING: STILL KICKIN' WITH THE BIG CITY HORNS FACE PAINTING, PETTING ZOO, INFLATABLES, FOOD & FUN!!!

**FRIDAY, AUGUST 23, 2024** 

\* RAIN DATE: SATURDAY, AUGUST 24 \*

**EAST GRANBY TOWN GREEN - CENTER ST** 

Visit our website for more information: www.EastGranbyRec.com



All classes are held at East Granby Farms Recreation Building 79 North Main Street, East Granby

The Spring 2024 Session begins March 20th



**WEDNESDAYS:** 4:00 -4:45 pm Tap & Ballet Level 2 (Grades K-3)

5:00-5:45 pm Tap & Ballet Level 3 (Grades K-3)

6:00-6:45 pm Boys Ninja Hip Hop & Tumbling (Age 4-9)

7:00-7:45 pm Adult & Teen Intermediate Tap Dance

8:00-8:45 pm Adult & Teen Advanced Tap Dance

**THURSDAYS:** 4:00-4:45 pm Jazz, Hip-Hop & Tumbling Level 2 (Grades K-3)

5:00-5:45 pm Advanced Beginner Tap & Ballet (Grades4-7)

6:00-6:45 pm Jazz, Hip-Hop & Tumbling (Grades 4-7)

7:00-7:45 pm Intermediate Tap, Ballet & Lyrical (Grades4-7)

FRIDAYS: 4:00-4:45 pm \*NEW\* Musical Theater (Grades 1-6) #1

5:00-5:45 pm Jazz, Hip-Hop & Tumbling Level 1 (Grades K-3)

6:00-6:45 pm \*NEW\* Musical Theater (Grades 1-6) #2

7:00-7:45 pm \*NEW\* Acro (Grades 1-6)

8:00-8:45 pm Teen Jazz & Tumbling (Grades 7-12)

**SATURDAYS:** 8:00-8:30 am Terrific 2s - Baby Creative Movement (2 yr olds)

8:45-9:30 am Tiny Dancers Tap & Ballet (Age 3-4) #1

9:45-10:30 am Tap & Ballet - Level 2 (Grades K-3)

10:45-11:30 am Tiny Dancers Tap & Ballet (Age 3-4) #2

11:45am-12:30pm Mini Tumblers (Ages 4-8)

Register for classes at EastGranbyRec.com





# **Children's Summer Camps & Programs**



Below, East Granby Parks & Recreation has provided a chronological listing of all our Summer Camps and Programs to help make planning your family's summer a little easier. Immediately following the list, you will find each program, in alphabetical order, with a brief description. As always, for more information or to register, please visit our website: www.EastGranbyRec.com.

Program	Age	Grade	Dates	Time
Mini Adventurer Camp - Week 1: Dinosaur Discovery	3 - 5	-	<u>6/17 - 6/21</u>	9:00 AM - 12:00 PM
East Granby Basketball Camp for Boys	8 - 14	-	<u>6/24 - 6/27</u>	9:00 AM - 12:00 PM
East Granby Basketball Camp for Girls	8 – 14		<u>6/24 – 6/27</u>	1:00 – 4:00 PM
Tennis Lessons - Week 1: 6-8 yr olds	6 - 8	-	<u>6/24 - 6/27</u>	9:00 - 9:55 AM
Tennis Lessons - Week 1: 9-11 yr olds	9 - 11	-	<u>6/24 - 6/27</u>	10:00 - 10:55 AM
Tennis Lessons - Week 1: 12-15 yr olds	12 - 15	-	<u>6/24 - 6/27</u>	11:00 - 11:55 AM
Wiffle Ball Camp	-	5 - 10	<u>6/24 - 6/27</u>	9:00 - 11:00 AM
Camp Granbrook - Week 1: Superheroes Everywhere	-	K - 5	<u>6/24 - 6/28</u>	8:00 AM - 3:30 PM
Dance Camp for Swifties in their Barbie Era	6 - 12	-	<u>6/24 - 6/28</u>	9:00 - 11:30 AM
Mini Adventurer Camp - Week 2: Superhero Training Camp	3 - 5	-	<u>6/24 - 6/28</u>	9:00 AM - 12:00 PM
Sports/ Adventure Camp for Middle Schoolers - Session 1	-	5 - 8	<u>6/24 - 6/28</u>	8:30 AM - 3:30 PM
Food Explorers – Cupcake Spectacular	-	3 - 6	<u>7/1 - 7/3</u>	9:00 AM - 12:00 PM
Mad Science: Crazy Chemworks	-	K - 6	<u>7/1 - 7/3</u>	1:00 - 4:00 PM
Broadway Musical Workshop	-	3 - 8	<u>7/8 - 7/11</u>	3:00 - 4:15 PM
Skyhawks Summer Flag Football: Session 1	7 - 12	-	<u>7/8 - 7/11</u>	9:00 AM - 3:00 PM
Tennis Lessons - Week 2: 6-8 yr olds	6 - 8	-	<u>7/8 - 7/11</u>	9:00 - 9:55 AM
Tennis Lessons - Week 2: 9-11 yr olds	9 - 11	-	<u>7/8 - 7/11</u>	10:00 - 10:55 AM
Tennis Lessons - Week 2: 12-15 yr olds	12 - 15	-	<u>7/8 - 7/11</u>	11:00 - 11:55 AM
ART-Ventures: Oopsy Goopsy Messy Art Fun	5 - 12	-	<u>7/8 - 7/12</u>	9:00 AM - 12:00 PM
Camp Granbrook - Wk 2: Adventure & Mission Impossible	-	K - 5	<u>7/8 - 7/12</u>	8:00 AM - 3:30 PM
Horsemanship Summer Program at End of Hunt - Session 1	5 - 17	-	<u>7/8 - 7/12</u>	9:00 AM - 1:00 PM
Mini Adventurer Camp - Wk 3: Under the Sea & at the Beach	3 - 5	-	<u>7/8 - 7/12</u>	9:00 AM - 12:00 PM
Music Club with Mrs. Lepak	-	4 - 6	<u>7/8 - 7/12</u>	9:00 - 11:00 AM
Sports/ Adventure Camp for Middle Schoolers - Session 2	-	5 - 8	<u>7/8 - 7/12</u>	8:30 AM - 3:30 PM
Camp Granbrook - Week 3: The Wonderful World of Sports	-	K - 5	<u>7/15 - 7/19</u>	8:00 AM - 3:30 PM
Horsemanship Summer Program at End of Hunt - Session 2	5 - 17	-	<u>7/15 - 7/19</u>	9:00 AM - 1:00 PM
Kara Wolters Dream Big Basketball Camp for Girls	-	4 - 10	<u>7/15 - 7/19</u>	9:00 AM - 3:00 PM
Mini Adventurer Camp - Week 4: Pirates & Princesses	3 - 5	-	<u>7/15 - 7/19</u>	9:00 AM - 12:00 PM
Mini Adventurer Kindergarten Ext - Session 1	4 - 5	-	<u>7/15 - 7/19</u>	12:00 - 2:00 PM
Summer Tumbling Workshop	6 - 12	-	<u>7/15 - 7/19</u>	9:00 - 11:30 AM
Kids Kitchen Academy		2 - 5	<u>7/15 - 7/19</u>	9:00 AM - 12:00 PM
Kids Kitchen Academy		6 - 8	<u>7/15 - 7/19</u>	1:00 - 4:00 PM
Mini Adventurer Camp - Week 5: Jungle Safari	3 - 5	-	<u>7/22 - 7/26</u>	9:00 AM - 12:00 PM
Mini Adventurer Kindergarten Ext - Session 2	4 - 5	-	<u>7/22 - 7/26</u>	12:00 - 2:00 PM
Music Explorers with Mrs. Lepak	-	1 - 3	<u>7/22 - 7/26</u>	9:00 - 11:00 AM
WINS for Life Basketball Camp for Boys	-	4 - 9	<u>7/22 - 7/25</u>	9:00 AM - 12:00 PM
Camp Granbrook - Week 4: Water, Water Everywhere	-	K - 5	<u>7/22 - 7/26</u>	8:00 AM - 3:30 PM
Circuit Labs: Hands-On Electronics	-	4 - 7	7/22 - 7/26	9:00 AM - 12:00 PM
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Food Explorers - Crazy Cookies, Jr.	-	3 - 6	7/22 - 7/26	1:00 - 4:00 PM
Sports/ Adventure Camp for Middle Schoolers - Session 3	-	5 - 8	<u>7/22 - 7/26</u>	8:30 AM - 3:30 PM
Mountain Biking for Kids Level 2, Session 2	8 - 12	-	<u>7/24</u>	5:00 PM
Camp Granbrook - Week 5: Wacky Week	-	K - 5	<u>7/29 - 8/2</u>	8:00 AM - 3:30 PM
Fun 4 All: Slime Week	-	1 - 6	<u>7/29 - 8/2</u>	9:00 AM - 12:00 PM
Play-Well TEKnology: Minecraft LEGO Engineering	5 - 7	-	<u>7/29 - 8/2</u>	9:00 AM - 12:00 PM
Play-Well TEKnology: Minecraft LEGO Master Engineering	7 - 12	-	<u>7/29 - 8/2</u>	1:00 - 4:00 PM
Mini Adventurer Camp - Week 6: Space Exploration	3 - 5	-	<u>7/29 - 8/2</u>	9:00 AM - 12:00 PM
Mini Adventurer Kindergarten Ext - Session 3	4 - 5	-	<u>7/29 - 8/2</u>	12:00 - 2:00 PM
Skyhawks Summer Flag Football: Session 2	7 - 12	-	<u>8/5 - 8/8</u>	9:00 AM - 3:00 PM
Soccer Shots Mini Camp	2 - 3	-	<u>8/5 - 8/8</u>	8:25 - 9:00 AM
Soccer Shots Classic Camp	3 - 5	-	<u>8/5 - 8/8</u>	9:00 - 11:30 AM
Soccer Shots Premier Camp	6 - 8	-	<u>8/5 - 8/8</u>	9:00 - 11:30 AM
Camp Granbrook - Week 6: Mystery Week	-	K - 5	<u>8/5 - 8/9</u>	8:00 AM - 3:30 PM
Fun 4 All: Craft & Jewelry Week	-	1 - 6	<u>8/5 - 8/9</u>	9:00 AM - 12:00 PM
Mad Science: Engineering Explorers	-	K - 6	<u>8/5 - 8/9</u>	9:00 AM - 12:00 PM
Minds in Motion: Hands-On Hydropower	6 - 11	-	<u>8/5 - 8/9</u>	1:00 - 4:00 PM
Mountain Biking for Kids Level 1, Session 4	8 - 12	-	<u>8/7 &amp; 8/14</u>	5:00 PM
Tennis Lessons - Week 3: 6-8 yr olds	6 - 8	-	<u>8/12 - 8/15</u>	9:00 - 9:55 AM
Tennis Lessons - Week 3: 9-11 yr olds	9 - 11	-	<u>8/12 - 8/15</u>	10:00 - 10:55 AM
Tennis Lessons - Week 3: 12-15 yr olds	12 - 15	-	<u>8/12 - 8/15</u>	11:00 - 11:55 AM
All Boys Superhero & Ninja Hip-Hop Tumbling Camp	4 - 10	-	<u>8/12 - 8/16</u>	12:00 - 2:30 PM
ART-Ventures: Treasure Island & the Magical Kingdom	5 - 10	-	<u>8/12 - 8/16</u>	9:00 AM - 12:00 PM
Circuit Labs: Circuit Makers 101	-	1 - 3	<u>8/12 - 8/16</u>	9:00 AM - 12:00 PM
Circuit Labs: Robot Commanders 101	-	1 - 3	<u>8/12 - 8/16</u>	1:00 - 4:00 PM
Princesses in Training Dance Camp	3 - 6	-	<u>8/12 - 8/16</u>	9:00 - 11:30 AM
Sports/ Adventure Camp for Middle Schoolers - Session 4	-	5 - 8	<u>8/12 - 8/16</u>	8:30 AM - 3:30 PM
Mad Science: Jr. Scientist	3 - 5	-	<u>8/19 - 8/23</u>	9:00 AM - 12:00 PM
Minds in Motion: Code and Control Robo Dozer	6 - 11	-	<u>8/19 - 8/23</u>	1:00 - 4:00 PM

## All Boys Ninja Hip-Hop Tumbling Camp | Cost: \$150 resident, \$155 non-resident

This camp will be a fun and creative outlet for your child! We will work on flexibility, balance, agility, and strength using cool hip-hop moves, acrobatic tumbling, and ninja obstacles. Come join the fun!

## ART-Ventures Summer | Cost: \$210 resident, \$220 non-resident

**Ooopsy Goopsy Messy Art Fun:** Messy art is so much fun! And the works of art that come from making a mess are quite amazing! Think splatter, balloon, and blow painting. Make slime and flubber and silly putty. Create with shaving cream and glue. Oh, what a mess we make! Design ceramic doggy banks and create Shrinky dink sculptures. Learn how to make your own clay, and then sculpt super cool masks. Decorate wacky, wild cars for an art car parade. Discover marbleizing and glitter painting, design batik T-shirts, and experience collage and fabric arts. Creative spirits are set free! (Artists must dress for a mess)

Treasure Island and the Magical Kingdom: Pirate and Princess art-venturers sail the high seas and discover enchanted kingdoms while creating fantastical masterpieces. Get into character, donning handcrafted pirate hooks and sparkling princess hats. Make your own fireworks t-shirts and pirate flags. Draw magical kingdoms, paint watercolor pirate ships, and build super cool castles. Sculpt clay cupcakes that look yummy enough to eat and clay frog pots - perhaps they'll turn into princes! Draw treasure maps, design ceramic dragons, and create mosaic star boxes to hide your pirate treasure! Pirates and Princesses explore clay art, painting, beading, stained glass, fabric art, and more. Humorous storytelling is included. All in all, a fun and fantasy-filled week of creative art activities that kids will love to do!

## **Broadway Musical Workshop | Cost: \$99 resident, \$109 non-resident**

Does your child love to perform? Give them the gift of confidence, as well as fun and new friendships as your child learns the theatrical art of stage performance. Our professionally trained singing, acting, and dancing director, Erin Dugan, teaches age-appropriate skills in a SUPER FUN atmosphere! Students will work on their acting, music, and dancing skills from several classic and fun Broadway shows throughout the four-day camp!

## **Camp Granbrook**

This is our day camp for children who are at least 5 years old *and* have completed kindergarten, through age 12 *and* entering 5th grade. Daily activities include arts, crafts, sports, games, music, special guests, and field trips!

### 2024 Theme Weeks:

- **Week 1 Superheroes Everywhere:** Are you a superhero or an evil villain? Explore the world of superheroes! This week isn't always about costumes and comic books though, it's also about recognizing the heroes in our everyday lives.
- **Week 2 Adventure Week & Mission Impossible:** Campers will jump into an amazing and enchanting week of adventure! Campers will have the opportunity to try new things and go on both on-site and off-site adventures. No mission is too hard for us to complete!
- **Week 3 The Wonderful World of Sports:** is one of our favorites and is jam packed with exciting activities and games. This is a week of friendly fun-filled competition. Bring your team spirit and get ready to play! If your child likes to play, have fun, and engage in friendly competition then this is the week for them! Days will be chock full of sports games, board games, and friendly tournaments. No athletic or game experience is necessary.
- Week 4 Water, Water Everywhere Week: Dive right into summer with your friends and be prepared to get wet with lots of fun water games! This week is all about having fun, getting wet, and staying cool through it all.
- **Week 5 Wacky Week:** You may have heard of Wacky Wednesdays but what about Manic Monday and Tasty Tuesday? Each day of Wacky Week will be a little different and outside the box. Bring your personality and willingness to be silly. The week will end with Fiesta Friday!
- **Week 6 Mystery Week:** And finally, we've saved our favorite summer camp theme for last. What *is* mystery week, you ask? Whatever you want it to be! The fun of mystery week is that each day, the theme will be something a little different. The real fun of mystery week is that your kids won't know the theme of each day until it comes around! How fun is that?!

The camp day begins at 8:00 am each day and ends at 3:30 pm. All children will be grouped by age/grade and all activities are age appropriate. Camp is held in one-week sessions to better meet you and your child(ren)'s needs. The cost per week is \$229 per week for East Granby residents and \$239 for non-residents. If you are registering two or more children per week, there is a \$10 discount per child, for the full day program. Please note: This summer, we are NOT offering Extended Care after the regular camp day.

For our campers, who may not want a full-day experience, we offer a half-day option that runs 8:00 am - 12:00 pm. The cost is \$129 for residents and \$139 for non-residents. *There is no sibling discount for 1/2-day campers.* 

#### Circuit Labs Summer | Cost: \$199

**Hands-On Electronics:** Tinker with electronics while learning the basics of computer programming. We begin by experimenting with the fundamentals of electronics and circuitry and step up to projects where our class of young makers will design their own interactive and programmable devices. Participants use the latest tools including Arduino (for building interactive devices) and Raspberry Pi (for learning about computers and coding) to experiment with LEDs, resistors, motors, and programming. Each class day gives participants the chance to design a hands-on project with the guidance of skilled Circuit Lab instructors.

**App Inventors:** Want to know how the apps work on your phone or iPad? Or do you already have the next great app idea, and just need to know how to make it? In this no-experience-required course, we use MIT App Inventor software to make fun, creative apps for Android phones and tablets. We will also explore wireless communication by building custom Bluetooth hardware controllers and readouts for our apps. Participants will learn both the programming and design aspects of creating great apps and can build apps of their own with the support of Circuit Lab instructors.

**Circuit Makers 101:** Let's get creative with electricity! In this junior version of our Hands-On Electronics class, students will gain experience with creating their own electronics, designing custom light-up greeting cards, electric games, mazes, & even musical instruments. Each class day consists of a circuitry lesson and a hands-on electronics project, using components like lights, buzzers, switches, motors, & sensors. Circuit Lab staff will ensure participants create a project that they can be proud of each day.

**Robot Commanders 101:** Understanding how software can interact with robots is a key skill for the STEM jobs of tomorrow. In this class we provide several active, playful activities, where students learn about what it means to write, debug, and execute computer programs that communicate with different robotic devices. Using the power of code, students will turn Sphero SPRK+ robots into Magic 8 Balls, automated Red Light / Green Light games, and the arcade classic Pong — and Unruly Splats will become our voting machines, relay races, guessing games, and more.

## Dance Camp for Swifties in their Barbie Era | Cost: \$150 resident, \$155 non-resident

This week-long camp features daily classes in tap, ballet, jazz, acro, and hip-hop and celebrates your favorite pop and movie stars! Join us for two days featuring Taylor Swift, two days all about Barbie, and a pink & red party day! It's not just about the dance steps though, it's also about creating magical memories, building friendships, and nurturing a love for movement.

## East Granby Basketball Camp for Boys / Girls | Cost: \$140 resident, \$150 non-resident

This is a great opportunity to become a more well-rounded basketball player! Boys will join Head Coach, Joe Serfass, and members of the EGHS Boys' Basketball Team, and girls will join Head Coach, Curt Fields, and members of the EGHS Girls' Basketball Team, for a week of fun and skill building. All campers will be taught the basic mechanics of dribbling, passing, shooting, rebounding, and defense through a variety of age specific drills, fun competitions, and game play.

## Food Explorers Summer | Cost: see EastGranbyRec.com

**Cupcake Spectacular:** Each day you'll be making two brand new recipes from homemade cake, homemade frosting, and delicious toppings. You'll make recipes like Cannoli Cupcakes, Hummingbird, Red Velvet, and Chocolate Brownie!

**Crazy Cookies, Jr.:** Forget everything you know about cookies because this week we're stepping it up a notch. Each day you'll make two cookie recipes with frostings, glazes, jams, edible cookie dough bites and more. You'll be making recipes like Cookie Nachos, Caramel Cheesecake Cookies, French Silk Pie Cookies and Blueberry Crumble Cookies.

## Fun 4 All Summer Programs | Cost: \$185

**SLIME WEEK -** It's slime time as we spend a week with students to create new slime recipes that are only limited to your imagination! Our popular Slime Week teaches students the basics of how to make their own slime, and then shows students some of the most popular and trending slime recipes. Some of the slime is even edible! Our coordinators show students the latest slime tips and tricks and encourage creative thinking and working with friends. Students can customize their own slime by adding colors, scents, and textures. Once the slime is made, students can mold and play with their new creations. Slime Week lets kids get their hands dirty and have fun but leaves the mess in the classr oom and out of the car and home.

**VISIONS: CRAFT & JEWELRY WEEK** - Make your visions come to life during Fun4All's Visions Craft and Jewelry Week. Explore hands-on crafts like jewelry making, tie-dying, and more. This program is designed to ignite the imaginations of young jewelers and craft enthusiasts, providing them with the perfect opportunity to explore their artistic talents while learning the skills for life-long hobbies.

Visit our website for more information: www.EastGranbyRec.com

## Horsemanship Program at End of Hunt Equestrian Center | Cost: \$425 res, \$435 non-res

Our summer Program is conducted at our equestrian center for children interested in learning to ride and for experienced riders looking to improve their skills. The programs are a great way to learn and improve riding skills in a fun and safe environment. Along with teaching riding skills, the program emphasizes safety, horsemanship, and stable management. The program includes a daily riding lesson as well as fun, educational, and unique activities, and games. This Program is geared towards children ages 3-16. Each program concludes with an award ceremony in which each participant is recognized for their accomplishments.

## Kara Wolters Dream Big Basketball Camp for Girls | Cost: \$350

Learn from UCONN great, Olympic Gold Medalist, & Women's Basketball Hall of Famer, Kara Wolters! Our philosophy is simple. Give girls a basic understanding of the game of basketball while instilling in them life's lessons and the qualities and characteristics that will enable them to be successful as young women in today's world. We strive to create an atmosphere that is educational but at the same time one that embodies a social, friendly, and entertaining atmosphere. In other words, "FUN"!! Our camps offer on-court drills and off court skills to not only make you a better basketball player but help develop confidence, character, and self-esteem.

## Kids Kitchen Academy | Cost: \$ 175 resident, \$185 non-resident

This immersive program is designed to ignite a passion for cooking while fostering essential life skills and creativity. Under the guidance of a professional chef, learn fundamental cooking techniques, kitchen safety, and the importance of nutrition. Campers will gain knowledge of how to read and follow a recipe, how to properly use basic equipment and tools, including knives, and prepare both hot and cold foods.

## Mad Science | 3-day program \$126 res, \$136 non-res; 5-day program \$210 res, \$220 non-res

**JR. SCIENTIST:** This preschool program offers young children (ages 3-5) an exciting introduction to science as they explore the human body and our senses. Kids also experience the science of colors and how things move. They become paleontologists by searching for fossils in a mini dinosaur dig. They also take an exciting mission to explore planets, moons, and stars, then continue the science with take-homes.

**CRAZY CHEMWORKS:** We'll learn about the tools scientists use in their laboratories, as well as atoms, molecules and reactions, acids and bases, fluorescence, and phosphorescence. We'll also examine and investigate super sticky things by exploring suction, hydrogen bonding and static cling. We'll also see some very cool dry ice demonstrations! Continue the science at home with fun labware take-homes and experiments.

**E2 - ENGINEERING EXPLORERS:** If a child loves to build things or destroy them, this week includes lots of both! The junior engineers will design & build bridges & "skyscrapers" using simple tools and their imagination. Kids will even construct a geodesic dome big enough for all the campers to sit inside! Then the machine madness starts as they discover, build, and invent simple machines, & solve problems with contraptions.

## Minds in Motion Summer | Cost: \$175 resident, \$185 non-resident

**HANDS-ON HYDROPOWER:** Come explore the power of water by building models and conducting experiments with your very own Hydropower kit! Witness and investigate the intriguing properties of water involving surface tension, adhesion, and cohesion. Construct a hydroelectric power station to generate electricity and light an LED! Learn where the energy in ocean waves, tides, and rivers comes from, and discover how we can generate electricity from them. Come join in this educational and hands-on hydropower fun!

CODE AND CONROL ROBO DOZER: Build and take home your very own powerful robotic bulldozer and sleek handheld wireless controller! Assemble your Robo Dozer that consists of over 40 different robotic parts that include a speaker, circuit board, motors, LED lights, and much more. Learn the advantages and disadvantages of tracked vehicles as well as examples of robots with continuous tracks. Use the controller to command your robot to move around in all directions, play sounds, and light up its cab roof lights! The special Code and Control wireless unit enables you to control your Robo Dozer either directly in real time or write and save sequences of commands for the robot to perform at the push of a button.

## Mini Adventurers Summer Camp | Cost \$129 resident, \$139 non-resident

Join us for a fun, exciting and activity filled program geared toward our youngest campers. This program will provide opportunities for self-expression, creativity, crafts, music, games, and plenty of FUN! We will have indoor and outdoor activities and special guests throughout the weeks. Don't miss out on the fun!

The program is for children who have reached their third birthday by the start of camp through those not yet in kindergarten. For our campers, who are 5 but have not yet attended kindergarten, this is the camp for you! All participants must be toilet trained.

#### 2024 Theme Weeks:

- **Week 1 Dinosaur Discovery:** Roar into prehistoric times with a week dedicated to dinosaurs! Featuring exciting fossil excavations, dino-themed arts and crafts, and educational activities, our campers will be transported back to the age of these magnificent creatures.
- **Week 2 Superhero Training Camp:** Unleash the superhero within! Campers will participate in superhero-themed games, create capes and masks, and discover their unique superpowers as they undergo a week of fun and empowerment. We will also have visits from some of our Community Heroes to help us learn how to put our superpowers into action.
- **Week 3 Under the Sea & at the Beach:** Dive into the ocean as campers discover the enchanting world beneath the waves, meet fascinating sea creatures and mermaids, engage in beach fun, and participate in creative beach-themed projects.
- \* Week 4 Pirates and Princesses: Ahoy, young adventurers! Join us for a week of swashbuckling pirates and regal princesses. Campers will embark on a magical journey filled with treasure hunts, creative crafts, and enchanting fun. Let imaginations set sail in a week where pirates and princesses unite for an unforgettable adventure!
- \* Week 5 Jungle Safari: Venture into the heart of the jungle where young campers will explore wild animals, create tropical landscapes, and engage in imaginative play as they learn about the wonders of the rainforest.
- \* Week 6 Space Exploration: Blast off! Embark on a space mission where campers will explore the wonders of the universe, meet friendly aliens, and become astronauts-in-training through cosmic crafts and stellar activities.
- \* We're excited to bring back Mini Adventurers Kindergarten Extension this Summer for Weeks 4, 5, and 6!

This is an optional extension to camp that will run from 12:00 - 2:00 pm and is available only to campers who will be starting kindergarten in Fall 2024. We eat lunch together and focus on essential skills that can help to ensure a smooth transition to kindergarten. From working on the alphabet and numbers to practicing name spelling and exploring early school routines, our engaging and interactive activities will provide a head start on the fundamental building blocks of kindergarten.

## Mountain Biking for Kids - Fundamentals! | Cost: \$110

This program will cover the fundamental skills that all riders need to have to be safe and have fun on the trails. Our instructors will use a progressive approach to safely teach riding position, bike/body movement, braking and shifting just to name a few. Our goal is to make your child a more confident rider wherever they may be, on the trails or in the neighborhood. Skills to be taught include ready/ neutral position, bike/ body movement, braking//shifting, climbing/ descending, reading the trail, intro to turning, and wheel lifts.

## Mountain Biking for Kids - Level 2 | Cost: \$80

This program is designed for young riders who have completed the Kids Fundamentals Clinic and are looking to improve their mountain bike skills. Our fun, progressive approach to teaching is designed to develop riders' confidence and abilities to tackle common obstacles found on single track mountain bike trails. Most of the instruction will take place on the trails of Cowles Park in East Granby. Topics covered will include balance and body position, wheel lifts, hops, and bump jumps, negotiating steep transitions, small drops, riding rock gardens and switchbacks.

## Music Club with Mrs. Lepak | Cost \$129 resident, \$139 non-resident

Whether you're a budding musician or just curious about music, this club is perfect for you! We will meet each day to discover the joy of music, and to learn songs and develop skills on the piano, ukulele, drums, and xylophones. Best of all, you'll get to collaborate with fellow music club members and make beautiful music together. On the final day, showcase your newfound skills in a mini performance for parents & guardians!

## Music Explorers with Mrs. Lepak | Cost \$129 resident, \$139 non-resident

Get ready for a fun-filled musical journey! This program offers a dynamic mix of activities including singing, piano lessons, xylophone exploration, and drumming sessions. Children will not only learn the basics of music theory and practice but also foster creativity and teamwork in a supportive environment. Get ready to make some joyful noise and create lasting memories! The week will culminate in a mini performance for parents & guardians.

## Play-Well TEKnology: Minecraft Engineering with LEGO | Cost \$155 resident, \$168 non-resident

Join Play-Well specially trained instructors as they inspire kids to use their talents and imaginations to dive into a world of adventure. Venture into the world of Minecraft in our unique Lego experience. Get ready to build your base, craft your tools, use your Minecart to harvest raw resources, and battle to stop the Ender Dragon from ending the world. Come explore the endless possibilities of LEGO with a Play-Well instructor.

## Play-Well TEKnology: Minecraft MASTER Engineering with LEGO | Cost \$155 res, \$168 non-res

Bring your favorite Minecraft adventures to life with our enthusiastic Play-Well instructors. In a Minecraft world powered by LEGO resources, we will build shelters to keep out Creepers, craft mystical items that only the true masters can wield, and perfect our crossbow skills to stop the Wither from taking over! If you can imagine it, we can build it.

## Princesses in Training Dance Camp | Cost \$150 resident, \$155 non-resident

Little princesses will create rhythmic magic, twirl, sparkle, and go on an adventure with daily classes in tap, ballet, jazz, and acro. Featured princesses will include Cinderella, Snow White, Ariel, Moana, and YOUR favorite princess! Surprise crafts are included.

# Flag Football Summer SKYHAWKS | Cost: \$175

Skyhawks Flag Football is the perfect program for young athletes who want a complete introduction to "America's Game" or for those who simply want to brush up on their skills in preparation for league play. Campers will learn skills on both sides of football including the core components of passing, catching, and defense using a revised curriculum to encourage social distancing as well as minimizing contact with others - all presented in a fun and positive environment. The week ends with the Skyhawks Sports Super Bowl, giving participants a chance to showcase their skills on the gridiron!

## Soccer Shots Camp: Soccer, Fun and Sun! | \*See EastGranbyRec.com for age group pricing

Soccer Shots Summer Camp will provide campers with an opportunity to develop their soccer skills, their character, and their creativity. During this four-day camp we will have a whole lot of soccer. In addition, will have a variety of other age-appropriate activities, such as team building exercises, games, and snack time – we might even have a Soccer Story Time!

## Sports/ Adventure Camp with TotalRunner Athletics | Cost: \$549

Are you ready for a summer of excitement, sportsmanship, and outdoor adventures? With a unique blend of sport-specific training, character development, and off-site adventures, this camp promises an unforgettable experience for young athletes. Choose your passion from five specialized tracks including Track/ Cross Country, Football/ Flag Football, Basketball, Soccer, or Baseball/ Softball.

## Summer Tumbling Workshop | Cost: \$150 resident | \$155 non-resident

Through targeted strength and stretching techniques, students will review the basic tumbling positions and work on new tumbling skills and tricks. Details such as alignment, flexibility, and safety will be emphasized. This weeklong workshop will include forward and back rolls, handstands, and cartwheels and progress to more difficult tricks like 1-handed cartwheels, round offs, and standing back bends based on students' abilities. We will encourage self-confidence, listening skills, social skills, and safety in this fun environment.

## Tennis Summer Lessons | Cost: \$45 resident, \$50 non-resident

Lessons are designed for beginner/intermediate level players. Players are grouped with children their own age for social comfort. Lessons will cover basic forehand and backhand ground strokes, volley, and approach shots, overhead serves, court awareness, footwork, scoring, and playing games. Instructor will adjust drills and skills for all participants. Lessons will run Monday - Thursday, with Friday being the designated makeup day in case of rain cancellation.

## Wiffle Ball Camp | Cost: \$70

Wiffle Ball - It's every one's favorite backyard game! Close your eyes and imagine... the sight of the white plastic ball knuckling through the air and the sound of the yellow plastic bat as it contacts the ball and the celebration after a game winning hit! Participants can look forward to games, games, games, a home run derby, and a Playoff Champion! Don't miss out on the fun! Join our co-ed camp!

## WINS for Life Basketball Camp for Boys | Cost: \$220 per student

This four-day high-level camps is a exceptional learning opportunities, featuring outstanding instruction, progressive skill development, educational activities and personal growth. Full-court competition, skills & drills stations, team building tasks, contests and mini-lectures are creatively combined to teach a range of basketball fundamentals and important life lessons. The experienced WINS coaches provide each student with valuable experiences to enhance over-all individual skills, ability, knowledge, and team concepts. Students will have fun. gain confidence, and improve. Excellent staff to student ratio!

Follow us on social media:









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#### **★** East Granby Youth Service Bureau

The mission of the East Granby Service Bureau is to coordinate the delivery of communitybased services for prevention, intervention, treatment, and follow up for at risk youth, and to provide opportunities for all youth to function as responsible members of the community.

#### **★** Commission on Youth Services

The Commission on Youth Services (CYS) was established to serve in an advisory capacity and support the mission and staff of the Youth Services Bureau. Members are appointed by the board of selectmen and represent various segments of the community including law enforcement, education, children and families, and local businesses and organizations.

The goal of the CYS is to advocate for our youth population by evaluating priority needs and interests on an ongoing basis and assisting the YSB in the development of appropriate programs and services. Meetings are held every 3<sup>rd</sup> Monday of the month and are open to the public.

#### **★** Counseling Services

Counseling services addressing emotional, behavioral, and mental health issues are available for children and families residing in East Granby. We provide parenting support, family therapy, individual therapy, play therapy for children, referrals, and school consultation. School, Parent, and Self-referrals are accepted. All services are professional and confidential and are offered free of charge to East Granby residents.

#### ★ Juvenile Review Board

The East Granby Juvenile Review Board provides a community-based program for diverting eligible juvenile cases from the Juvenile Justice System, supporting families with service needs, and providing intervention at the local level. For more information, see: https://eastgranbyct.org/juvenile-review-board/

#### **★ Youth Action Council (YAC) – NOW ACCEPTING APPLICATIONS FOR 2024-2025**

The Youth Action Councils are groups of youth in grades 6-8 and 9-12, brought together to work on the common goals of discovering the needs, increasing public awareness, and actively serving East Granby youth, their needs, interests, and concerns. Just like the name implies: this is a group of ACTION! Leadership skills are developed while the YAC members choose the projects, then plan & execute all aspects of them.

Students interested in joining either the Middle School YAC or High School YAC for the 2024-2025 school year should see the Youth Services programming section on EastGranbyRec.com to download a copy of the application or email eastgranbyyouthservices@gmail.com.





# **East Granby Youth Services**

# **Upcoming Programs & Events**

We are adding new programs, activities, and events all the time! You can find more information on www.eastgranbyct.org/youth-services or follow us on Facebook /eastgranbyyouthservices or Instagram @eastgranby\_youthservices.

## **Girls' Circle (Grades 3-5)**

Sharon Eastman, LCSW, leads this support and skill building group for girls in grades 3-5. Through crafts, vision boards, readings, and role play, she will facilitate real conversations about many of the challenges girls are facing growing up in today's world. Topics will include improving social skills, strengthening relationships with peers and parents, building communication and leadership skills, goal setting, learning healthy ways to handle stress, and making new friends and realizing you aren't alone. *All discussions will be confidential, except under specific circumstances.* Mondays, April 15 - May 20, 2:55 - 4:30 pm, in the Art Room at R.D. Seymour School.

## After School Hang Out (Grades 3-5)

Looking to hang out with your peers in a relaxed and fun environment? Come join Mason Williams, Program Coordinator for Parks & Rec & Youth Services, for some afternoon "hang-out" time. Each week will be filled with different crafts, science experiments, board games, outdoor time, and more. This 6-week program will be an opportunity to relax and unwind with friends you know and ones you haven't met yet. **Tues, April 16 - May 21, 2:55 - 4:30 pm, in the R.D. Seymour School Cafeteria.** 

## Safe Sitter – Presented by CPR Training Professionals

This program helps prepare students to be safe when they are home alone, watching younger siblings, or babysitting. This instructor-led class is filled with fun games and role-playing exercises. Students even get to use manikins to practice rescue skills like choking rescue! Saturday, March 23, 9:00 am – 2:00 pm, East Granby Senior/ Community Center. Space is limited and advance registration is required.

# **East Granby Spring Clean Up Day**

The East Granby Youth Services' Middle School Youth Action Council (YAC) and Traprock Ridge Land Conservancy invite you to join them in a town wide clean up **Sunday**, **April 21**, **10:00 am – 12:00 pm**. If you are part of an organization or small group in town, what better to show your love for East Granby than to commit to cleaning up one mile of East Granby roads! Register your group for the Clean Up Day under the Youth Services section on <u>EastGranbyRec.com</u> and indicate how many you will have in your group. Trash bags & safety vests will be provided. Let's all work together to keep our town looking great!

# Celebrate Summer Day (formerly known as "Sports Day")

Join the East Granby Youth Services' High School Youth Action Council (YAC) for a fun afternoon outside at East Granby Farms! The group is still in their early planning stage but will have an awesome variety of games and activities for Kids in Grades K – 4, on **Sunday, May 19, 2024.** Save the date and check the Youth Services section on <u>EastGranbyRec.com</u> for details as they become available!

**SAVE THE DATE!** The East Granby Youth Services' High School Youth Action Council (YAC) is planning to host an Outdoor Movie Night at East Granby Farms on **Friday, May 3, 2024**. Lots more details to come!

Keep an eye out for a YAC "Try-It" Night for rising 6th graders this Spring!



