

East Granby Parks and Recreation Presents:

**Seymour School TotalRunnerAthletics' Sprinters 5K Club**

Your child is registered for the East Granby Parks and Recreation Seymour: TotalRunnerAthletics' Lil Sprinters 5K Club held at R.D. Seymour School outdoors on the following dates:

**Mondays & Wednesdays: April 21 – May 28, 2025, from 2:55pm – 4:15pm**

**(No practice Monday, May 26, 2025)**

Alicia Van Neil, Director of Parks and Recreation and/or her designee will be meeting the students at R.D. Seymour School at dismissal and will sign them out from school and transition them to the running program.

The permission slip below is required for your child to be signed out by Alicia Van Neil, and/or another member of the Parks and Recreation staff. **This form must be returned to the E.G. Parks and Recreation Office no later than Wednesday, April 16, 2025, for your child to participate in the program – do not return this form to the school.**

Students must be picked up promptly at 4:15pm at the gym door entrance. If someone other than a parent/guardian is picking up the child a note must be sent with them the day of the program.

Please contact the East Granby Parks and Recreation Office with questions [aliciav@egtownhall.com](mailto:aliciav@egtownhall.com) or 860-653-7660.

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**Seymour School TotalRunnerAthletics' Sprinters 5K Club**

My Child \_\_\_\_\_, Grade \_\_\_\_\_, Teacher \_\_\_\_\_ has permission to attend the Parks and Recreation Seymour School TotalRunnerAthletics' Sprinters 5K Club- after school program at R.D. Seymour School on Mondays and Wednesdays (April 21 – May 28, 2025) and to be signed-out by Alicia Van Neil, Director and/or her designee for the program at the end of the school day. I understand my child must be picked-up promptly at 4:15pm at the gym door of R.D. Seymour School.

**Mondays & Wednesdays: April 21 – May 28, 2025, from 2:55pm – 4:15pm**

**(No practice Monday, May 26, 2025)**

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Parent Name (please print)

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Parent/Guardian Signature

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Cell Number during class

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Date

**East Granby Parks and Recreation Office** (79 North Main Street, East Granby)

(t): 860.653.7660      (f): 860.413.3702      79 North Main Street, East Granby, CT 06026

email: [aliciav@egtownhall.com](mailto:aliciav@egtownhall.com)