

East Granby Parks and Recreation Presents:

TotalRunnerAthletics' Sprinters 5K Club (Park & Recreation - Grades 3-5)

Your child is registered for the East Granby Parks and Recreation Seymour: TotalRunnerAthletics' Sprinters 5K Club held at R.D. Seymour School outdoors on the following dates:

Tuesdays and Thursdays: September 9 – November 6, 2025, from 2:55pm – 4:15pm

(No practice September 16, October 2, 16, 2025)

Alicia Van Neil, Director of Parks and Recreation and/or her designee will be meeting the students at R.D. Seymour School at dismissal and will sign them out from school and transition them to the running program.

The permission slip below is required for your child to be signed out by Alicia Van Neil, and/or another member of the Parks and Recreation staff. **This form must be returned to the E.G. Parks and Recreation Office no later than Monday, September 1, 2025, for your child to participate in the program – do not return this form to the school.**

Students must be picked up promptly at 4:15pm at the gym door entrance. If someone other than a parent/guardian is picking up the child a note must be sent with them the day of the program.

Please contact the East Granby Parks and Recreation Office with questions aliciav@egtownhall.com or 860-653-7660.

TotalRunnerAthletics' Sprinters 5K Club (Park and Recreation)

My Child _____, Grade _____, Teacher _____ has permission to attend the Parks and Recreation Seymour School TotalRunnerAthletics' Sprinters 5K Club at R.D. Seymour School on Tuesdays and Thursdays (September 9 – November 6, 2025) and to be signed-out by Alicia Van Neil, Director and/or her designee for the program at the end of the school day. I understand my child must be picked up promptly at 4:15pm at the gym door of R.D. Seymour School.

Tuesdays and Thursdays: September 9 – November 6, 2025, from 2:55pm – 4:15pm

(No practice September 16, October 2, October 16, 2025)

Parent Name (please print)

Parent/Guardian Signature

Cell Number during class

Date

East Granby Parks and Recreation Office (79 North Main Street, East Granby)

(t): 860.653.7660 (f): 860.413.3702 79 North Main Street, East Granby, CT 06026

email: aliciav@egtownhall.com